

## Aria Oracle – Suggested or possible meanings

By Susan L Whigham

Addiction: Substance use. Behavioral compulsions. Chronic to the extent of causing harm.  
Alignment: Centered. Focused. Clarity. Confidence. Strong sense of purpose. Well-defined goals.  
Alternate Timeline: Mindful of the impact of our decisions. Making room for new possibilities.  
An Unexpected Encounter: A person, idea, or situation taking us by surprise. Serendipity.  
Bloom: Opening heart to greater love. A radiant, vibrant glow. Growth. Warmth. Enthusiasm.  
Boundaries: Advocating for needs. Holding space for self. Processing feelings. Healing. Self-care.  
Breakthrough: A sudden, unexpected change in course. Success after hardship. Liberation.  
Call to Action: An internal or external catalyst that motivates or inspires. Persuasion. A message.  
Clairvoyant: Special insight of past or future events. Heightened psychic perception. Visionary.  
Cleanse: Detox. Aura cleanse (Reiki, sound therapy, etc). Hygiene. Decluttering. Raising vibration.  
Codependency: Prioritizing needs of others over own. Excessive giving. Little sense of self. Clingy.  
Coin: Physical or financial health. Good fortune. A windfall. A gift. An opportunity for advancement.  
Crystals: Earthy. Grounding. Healing. Energy cleansing. Raising vibrations. Improved energy flow.  
Dawn: Hope. Rejuvenation. Renewal. Fresh start. Turn for the better. New opportunities. Optimism.  
Debutante: Coming of age. Making a debut. Social butterfly. Youth. Inexperience. Rite of passage.  
Decompress: Leisure. Taking a break from stress and tension. Opening chakras. Unburdening.  
Depression: Sadness. Loss of interest. A call for mental health support. Cultivating trust and faith.  
Divine Timing: Exercising faith. Patience. Trusting the bigger picture. Fate. Astrology. Letting go.  
Engage the Senses: Experiencing life more richly. Deeper connection with body. Sensuality.  
Enthusiasm: Emotion compelling action. Pursuit with passion. Excitement. Anticipation. Fervor.  
Faith: Belief. Trust. Confidence. Embracing uncertainty. Communicating with God through prayer.  
Flirting: Playful banter or teasing by way of showing interest, not necessarily with intent to pursue.  
Forgiveness: Holding boundaries instead of grudges. Cultivating love, empathy and inner peace.  
Gratitude: Seeking and acknowledging the good in our lives. Appreciation. Not taking for granted.  
Grief: Deep sorrow. Honoring the loss of a loved one. Feeling numb and emotionally distant.  
Holding Space: Creating a safe space where authentic self can be expressed without judgment.  
Hope: Cherished desire. Making room for optimism. Recognizing things can always get better.  
Hydrokinesis: Releasing turbulent emotions to the Universe for karmic reconciliation. Catharsis.  
Infatuation: Fleeting attraction. Fascination. Obsession. Emotional compatibility is not a factor.  
Influence: Charismatic. Authentic. Magnetic. Innovative. Inspirational. Engaging. Trendsetter.  
Introversion: Needing alone time in order to recharge. Paying attention to the inner journey.  
Intuition: Body awareness. Spiritual insight. Inner wisdom. Instinct. Gut feeling. Defying logic.  
Learning: Taking the necessary time to digest new information. Practice. Repetition. Emphasis.  
Leaving Comfort Zone: Taking risks. Leaving the safety of the familiar. Growing in awareness.  
Long Distance Relationship: Technology to connect. Making time for in-person visits. Communicate.  
Love: Emotional connection. Removing heart blockages. Radiant heart. Appreciation. Respect.  
Manifest: Creating reality from intention. Prayer. Transformative belief. Heartfelt expression.  
Meditation: Rest and relaxation. Mindfulness. Connecting to Source or Higher Self. Inner peace.  
New Levels, New Devils: Uncharted territory. Greater responsibility. More sophisticated challenges.  
Nostalgic Depression: Idealizing the past. Grief. Regret. Mental health support. Self-forgiveness.  
Observer Effect: Influencing events just by bearing witness. Triggering conscience. Expectations.  
Overthinking: Call for grounding / self-compassion. Sitting with discomfort. Identifying fears.  
Pacing: Creating a sensible balance between energy and activity levels. Momentum. Moderation.  
Palette: Inspired creative self-expression with feeling, imagination, and personal style. Options.

Psychic Telegram: Intending, projecting, focusing on and visualizing nonverbal communication.  
Receptive: Willing to accept gifts, new perspectives, or opportunities. Relaxed. Grateful. Open.  
Restraint: Moderation. Avoiding extremes. Managing impulses and emotions. Maturity. Strength.  
Rhythm: Recognizing cyclical patterns in our bodies / environment. Aligning for optimal results.  
Sacrifice: Suffering, surrendering time or resources in favor of spiritual advancement. Discipline.  
Sanctuary: Refuge from opposing forces. Sacred place where it's safe to heal. Spiritual protection.  
Sandstorm: An abrasive situation. Limited visibility. Chaotic wind. Overwhelm. Fatigue. Helplessness.  
Self-Limiting Belief: Restricting one's own potential. Barrier to achieving goals. Negative self-talk.  
Self-Reflection: Developing self-awareness. Identifying strengths. Improved decision-making.  
Shadow Work: Rejected or repressed aspects of self. Spiritual guidance. Revealing subconscious.  
Signs and Synchronicities: Recognizing environment as a form of conversation with the Cosmos.  
Sinkholes: Symptoms of withdrawal. Low vibration energies vacated. Fertile pockets of potential.  
Sleeping Beauty: Passivity. Quiet time, precipitating growth. Enjoying the calm before the storm.  
Spirit Guide: Incorporeal ally and mentor who provides support, spiritual direction and protection.  
Surrender: Letting go of control. Yielding with intention. Moral high ground. Duty. Obligation.  
The Path Less Travelled: Unconventional choices in order to honor authenticity. Led by intuition.  
Transit: Trusting the process. Enjoying the now. Focusing on the journey, rather than the destination.  
Trauma: Triggers. Need for boundaries. Self-care. Therapy. Transmuting wounds into wisdom.  
Ungrounded: Consciousness distanced from body due to pain or intoxication. Compartmentalized.  
Visualize: Creating mental images as road maps to help the body navigate toward goals.