

Ru Oracle – Suggested or possible meanings

By Susan L Whigham

Addiction: Substance use. Behavioral compulsions. Chronic to the extent of causing harm.
Alignment: Centered. Focused. Clarity. Confidence. Strong sense of purpose. Well-defined goals.
Alternate Timeline: Mindful of the impact of our decisions. Making room for new possibilities.
An Unexpected Encounter: A person, idea, or situation taking us by surprise. Serendipity.
Anger: Strong feelings of injustice. Cycles of helplessness and frustration. Vengeful acts.
Arrival: Satisfaction at reaching desired destination or goal. Inner peace. Relief. A new chapter.
Art: Inspired creative self-expression with feeling, imagination, and personal style. Catharsis. Flow.
Bloom: Opening heart to greater love. A radiant, vibrant glow. Growth. Warmth. Enthusiasm.
Boundaries: Advocating for needs. Holding space for self. Processing feelings. Healing. Self-care.
Breakthrough: A sudden, unexpected change in course. Success after hardship. Liberation.
Call to Action: An internal or external catalyst that motivates or inspires. Persuasion. A message.
Clairvoyant: Special insight of past or future events. Heightened psychic perception. Visionary.
Cleanse: Detox. Aura cleanse (Reiki, sound therapy, etc). Hygiene. Decluttering. Raising vibration.
Codependency: Prioritizing needs of others over own. Excessive giving. Little sense of self. Clingy.
Coin: Physical or financial health. Good fortune. A windfall. A gift. An opportunity for advancement.
Dawn: Hope. Rejuvenation. Renewal. Fresh start. Turn for the better. New opportunities. Optimism.
Decompress: Leisure. Taking a break from stress and tension. Opening chakras. Unburdening.
Depression: Sadness. Loss of interest. A call for mental health support. Cultivating trust and faith.
Divine Guidance: Counsel via intuition and Spirit team to fulfill Divine will and the greatest good.
Divine Timing: Exercising faith. Patience. Trusting the bigger picture. Fate. Astrology. Letting go.
Engage the Senses: Experiencing life more richly. Deeper connection with body. Sensuality.
Enjoy: Taking pleasure in the present moment. Cherish. Savor. Relish. Delight. Passions. Pursuits.
Enthusiasm: Emotion compelling action. Pursuit with passion. Excitement. Anticipation. Fervor.
Faith: Belief. Trust. Confidence. Embracing uncertainty. Communicating with God through prayer.
Gratitude: Seeking and acknowledging the good in our lives. Appreciation. Not taking for granted.
Grief: Deep sorrow. Honoring the loss of a loved one. Feeling numb and emotionally distant.
Healing: Feeling in order to facilitate recovery from illness or injury. Rest. Therapy. Medical care.
Holding Space: Creating a safe space where authentic self can be expressed without judgment.
Hope: Cherished desire. Making room for optimism. Recognizing things can always get better.
Independence: Enjoying alone time. Affirming self. Exercising trust and faith. Free-spirited.
Intend: Making conscious and proactive choices that support our desired goals. Purpose. Planning.
Introversion: Needing alone time in order to recharge. Paying attention to the inner journey.
Intuition: Body awareness. Spiritual insight. Inner wisdom. Instinct. Gut feeling. Defying logic.
Lava: Repressed emotions or events coming to the surface. Slow-moving. Potentially explosive.
Learning: Taking the necessary time to digest new information. Practice. Repetition. Emphasis.
Leaving Comfort Zone: Taking risks. Leaving the safety of the familiar. Growing in awareness.
Listening: Informing intuition. Strengthening trust. Improving communication. Reducing conflict.
Love: Emotional connection. Removing heart blockages. Radiant heart. Appreciation. Respect.
Manifest: Creating reality from intention. Prayer. Transformative belief. Heartfelt expression.
Meditation: Rest and relaxation. Mindfulness. Connecting to Source or Higher Self. Inner peace.
Mutation: Neurodivergence. Spontaneous evolution. Misunderstood. Outsider. Spiritual journey.
Observe: Minimize distractions. Slow down. Exercise attention. Look for details and patterns.
Overthinking: Call for grounding / self-compassion. Sitting with discomfort. Identifying fears.
Pacing: Creating a sensible balance between energy and activity levels. Momentum. Moderation.

Paralysis: Feeling trapped. Vulnerable. Ungrounded. Stress. Exhaustion. A call to cultivate faith.

Perseverance: Resilience. Patience. Allowing space for making mistakes. Undeterred by setbacks.

Perspective: Challenging bias. Cultivating empathy. Improving communication. Holistic view.

Precision: Meticulous attention to detail. Focusing on quality over speed. Repetitive practice.

Psychic Telegram: Intending, projecting, focusing on and visualizing nonverbal communication.

Raising Vibration: Aligning with frequencies of love, hope, joy, faith, inner peace. Deep breathing.

Releasing Judgement: Allowing authenticity. Acceptance and mindfulness in place of intolerance.

Restraint: Moderation. Avoiding extremes. Managing impulses and emotions. Maturity. Strength.

Sacrifice: Suffering, surrendering time or resources in favor of spiritual advancement. Discipline.

Sanctuary: Refuge from opposing forces. Sacred place where it's safe to heal. Spiritual protection.

Self-Reflection: Developing self-awareness. Identifying strengths. Improved decision-making.

Shadow Work: Rejected or repressed aspects of self. Spiritual guidance. Revealing subconscious.

Signs and Synchronicities: Recognizing environment as a form of conversation with the Cosmos.

Sinkholes: Symptoms of withdrawal. Low vibration energies vacated. Fertile pockets of potential.

The Thaw: Recovery from trauma, addiction, or dissociation. Increasing capacity to feel. Self-care.

Third Party: Karmic lessons. Jealousy. Competitive energy. Fated connection. Triad dynamic.

Transit: Trusting the process. Enjoying the now. Focusing on the journey, rather than the destination.

Ungrounded: Consciousness distanced from body due to pain or intoxication. Compartmentalized.

Vulnerability: Cultivating trust. Keeping heart open in spite of risk of getting hurt. Exposed.

Waiting: Fertile restraint. Allowing room for growth. Cultivating character. Self-reflecting.