

Yasmiin Oracle – Suggested or possible meanings

By Susan L Whigham

An Unexpected Encounter: A person, idea, or situation taking us by surprise. Serendipity.
Bloom: Opening heart to greater love. A radiant, vibrant glow. Growth. Warmth. Enthusiasm.
Boundaries: Advocating for needs. Holding space for self. Processing feelings. Healing. Self-care.
Breakthrough: A sudden, unexpected change in course. Success after hardship. Liberation.
Breathe: Improving flow and circulation. Calming. Relaxing. Releasing the old. Welcoming new.
Call to Action: An internal or external catalyst that motivates or inspires. Persuasion. A message.
Clairvoyant: Special insight of past or future events. Heightened psychic perception. Visionary.
Cleanse: Detox. Aura cleanse (Reiki, sound therapy, etc). Hygiene. Decluttering. Raising vibration.
Coast: Turning point. Self-reflection. Exploration. Peering into the subconscious. Liminality.
Codependency: Prioritizing needs of others over own. Excessive giving. Little sense of self. Clingy.
Dawn: Hope. Rejuvenation. Renewal. Fresh start. Turn for the better. New opportunities. Optimism.
Depression: Sadness. Loss of interest. A call for mental health support. Cultivating trust and faith.
Divine Guidance: Counsel via intuition and Spirit team to fulfill Divine will and the greatest good.
Divine Timing: Exercising faith. Patience. Trusting the bigger picture. Fate. Astrology. Letting go.
Embracing the Now: Mindfulness. Releasing overthinking. Releasing focus on past or future.
Engage the Senses: Experiencing life more richly. Deeper connection with body. Sensuality.
Faith: Belief. Trust. Confidence. Embracing uncertainty. Communicating with God through prayer.
Forgiveness: Holding boundaries instead of grudges. Cultivating love, empathy and inner peace.
Gratitude: Seeking and acknowledging the good in our lives. Appreciation. Not taking for granted.
Grief: Deep sorrow. Honoring the loss of a loved one. Feeling numb and emotionally distant.
Harvest: Abundance. Reaping the rewards of hard work. Recognizing one's achievements.
Healing: Feeling in order to facilitate recovery from illness or injury. Rest. Therapy. Medical care.
Holding Space: Creating a safe space where authentic self can be expressed without judgment.
Hope: Cherished desire. Making room for optimism. Recognizing things can always get better.
Intend: Making conscious and proactive choices that support our desired goals. Purpose. Planning.
Introversion: Needing alone time in order to recharge. Paying attention to the inner journey.
Intuition: Body awareness. Spiritual insight. Inner wisdom. Instinct. Gut feeling. Defying logic.
Learning: Taking the necessary time to digest new information. Practice. Repetition. Emphasis.
Leaving Comfort Zone: Taking risks. Leaving the safety of the familiar. Growing in awareness.
Love: Emotional connection. Removing heart blockages. Radiant heart. Appreciation. Respect.
Manifest: Creating reality from intention. Prayer. Transformative belief. Heartfelt expression.
Meditation: Rest and relaxation. Mindfulness. Connecting to Source or Higher Self. Inner peace.
Nostalgic Depression: Idealizing the past. Grief. Regret. Mental health support. Self-forgiveness.
Observe: Minimize distractions. Slow down. Exercise attention. Look for details and patterns.
Observer Effect: Influencing events just by bearing witness. Triggering conscience. Expectations.
Overthinking: Call for grounding / self-compassion. Sitting with discomfort. Identifying fears.
Perseverance: Resilience. Patience. Allowing space for making mistakes. Undeterred by setbacks.
Perspective: Challenging bias. Cultivating empathy. Improving communication. Holistic view.
Precision: Meticulous attention to detail. Focusing on quality over speed. Repetitive practice.
Protection: Human, ancestral or spiritual ally who takes action in our defense or on our behalf.
Psychic Telegram: Intending, projecting, focusing on and visualizing nonverbal communication.
Raising Vibration: Aligning with frequencies of love, hope, joy, faith, inner peace. Deep breathing.
Receptive: Willing to accept gifts, new perspectives, or opportunities. Relaxed. Grateful. Open.
Relativity: Ethical dilemmas. Avoiding the idea of thinking in absolutes. Embracing gray area.

Repose: Reducing sensory input. Making time for relaxation and periods of silence. Sleep. Calm.

Repressing Feelings: Defensive mechanism to protect self from getting hurt. People-pleasing.

Sacrifice: Suffering, surrendering time or resources in favor of spiritual advancement. Discipline.

Sanctuary: Refuge from opposing forces. Sacred place where it's safe to heal. Spiritual protection.

Self-Limiting Belief: Restricting one's own potential. Barrier to achieving goals. Negative self-talk.

Shadow Work: Rejected or repressed aspects of self. Spiritual guidance. Revealing subconscious.

Signs and Synchronicities: Recognizing environment as a form of conversation with the Cosmos.

Sinkholes: Symptoms of withdrawal. Low vibration energies vacated. Fertile pockets of potential.

Sleeping Beauty: Passivity. Quiet time, precipitating growth. Enjoying the calm before the storm.

Sleepwalking: Functioning on autopilot. Routine. Complacency. Apathy. Lacking intention.

Sunset: The end of a chapter. Moving on from a difficult situation. Gaining peace and perspective.

Surrender: Letting go of control. Yielding with intention. Moral high ground. Duty. Obligation.

Transit: Trusting the process. Enjoying the now. Focusing on the journey, rather than the destination.

Trauma: Triggers. Need for boundaries. Self-care. Therapy. Transmuting wounds into wisdom.

Ungrounded: Consciousness distanced from body due to pain or intoxication. Compartmentalized.

Vigilant: Alert. Watchful. Paying attention. Proactively aware of issues and potential solutions.

Visualize: Creating mental images as road maps to help the body navigate toward goals.

Waiting: Fertile restraint. Allowing room for growth. Cultivating character. Self-reflecting.